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Patient Care News: November 2013

St. Cloud Hospital

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Patient Care News

November 2013

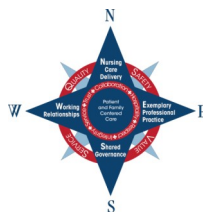


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St. Cloud Hospital Achieves Magnet Designation for the 3rd Time!

We did it! On Tuesday, October 15th, St. Cloud Hospital received a call from the Chair of the Commission for the Magnet Recognition Program, announcing the Commission's unanimous decision to grant St. Cloud Hospital a 3rd Magnet designation. This followed submission and scoring of extensive documentation, and a July 2013 site visit by Magnet appraisers.

Magnet is the highest international recognition for quality patient care, nursing excellence, and innovations in professional nursing practice, and St. Cloud Hospital has been Magnet-designated since 2004. St. Cloud Hospital joins an elite group, becoming 1 of approximately 60 hospitals in the world to receive 3 or more Magnet designations. There are currently 393 Magnet hospitals in the world, with 3 in Minnesota: Mayo Clinic Hospitals (3 designations) and Abbott Northwestern Hospital (1 designation). The wonderful work of this organization, and our desire to continuously improve, is truly reflected in the Magnet designation. Congratulations to all for your commitment to providing Care Above All and for making St. Cloud Hospital a Magnet hospital.

Linda Chmielewski, MS, RN, NEA-BC
Vice President, Hospital Operations/CNO

Surgery Open House

Give your family a fascinating behind-the-scenes look at the NEW St. Cloud Hospital Operating Rooms from 6:30-8:30pm on November 14th at St. Cloud Hospital. Explore surgical careers and learn about the latest surgery procedures and technology, including the da Vinci Robot. The evening includes hands-on children's activities and refreshments.

Tours begin in the new Surgery entrance. Park in the South Ramp. Take the South Ramp Elevator to Floor A. FREE. No RSVP needed. Call x54468 with questions.

Clinical Ladder Status

Attainment or Maintenance of Clinical Ladder Level 3:

- Cynthia Cox, RN - Neuroscience/Spine
- Jennifer Hermann, RN - Home Dialysis
- Melany Jungles, RN - Surgical Care 1
- Sarah Latour, RN - Emergency Trauma Center
- Susan Mattison, RN - Emergency Trauma Center
- Heidi Meyer, RN - Bone and Joint
- Jennifer Puhalla, RN - PCS Float Pool
- Roxanne Reining, RN - Bone and Joint
- Lynn Wellner, RN - Medical 2

Attainment or Maintenance of Clinical Ladder level 4:

- Brenda Spoden, RN - Chemo Infusion (Plaza)

Upcoming Education and Professional Development

November 2013

- | | |
|-------|----------------------------------------------------------------------------------------------------------------------------------------|
| 5 | Death & Dying in the Somali Community, 12:00-1:00pm or 5:00-6:00pm, Hoppe (12pm session can be viewed in Hughes/Mathews Room at Plaza) |
| 5 | AHA Advanced Cardiac Life Support (ACLS) Refresher Course, 9:00am-5:30pm, Windfeldt |
| 6 | AHA Advanced Cardiac Life Support (ACLS) Initial Course, 7:30am-8:30pm, Windfeldt |
| 7 | Diabetes Conference, Windfeldt |
| 13 | Neonatal Resuscitation Program, 8:00am-12pm and 1:00-5:00pm, Birch |
| 13/14 | ONS Chemotherapy & Biotherapy, 8:00am-4:30pm, Hughes/Mathews |
| 14/15 | Basic Electrocardiography (Basic ECG), 8:00am-4:00pm, Skyview |
| 19 | AHA PEARS (Pediatric Emergency, Assessment, Recognition & Stabilization), 8:30am-3:30pm, Skyview |
| 20 | S.T.A.B.L.E.- Initial/Renewal, 7:30am-5:30pm, Hughes/Mathews |
| 22/23 | Healing Touch Certificate Program (HTI), Level 1, 8:30am-6:00pm, CentraCare Health Plaza |
| 26 | AHA Pediatric Advanced Life Support (PALS) Refresher Course, 8:00-4:00pm, Hughes/Mathews |
| 26/27 | Emergency Nursing Pediatric Course (ENPC) Initial, 7:30am-5:30pm, SCH Conference Center |

Requesting an IV Start from a Central Resource

Barb Scheiber, Director of Patient Care Support

The Clinical Nurse Practice Committee approved a new process for requesting assistance from central resources when an IV is to be started/restarted. In the past, you were asked to provide two unique identifiers (Patient Name/Medical Record Number) when calling for an IV start. This required the Float to have paper and pen handy to transcribe the information.

Effective November 11th, please indicate the need for an IV start in the Care Team Communication Screen in Epic. Also, add any special considerations or requirements (specific catheter size) and the location (if applicable), such as Antecubital Area. Then call the Nursing Supervisor with the room number of the patient (i.e. Need an IV start in room South 799).

The central resource person will look up the patient by room number and be able to see all the information in the Care Team Communication screen, which includes the two unique identifiers. Once the IV has been started, the central resource person will delete the information from this screen.

Please see a sample of the Care Team Communication Screen below:

The screenshot displays the Epic EMR interface for patient Sinus, Wendy R. The patient's demographic information is shown at the top: Female, 47Y, 05/01/1966, Pref Name: EMILY. The MRN is 10143487. The patient's current shift is highlighted in yellow. The interface includes a navigation pane on the left with options like Patient Summary, Chart Review, Results Review, Notes, Demographics, Medications, Manage Orders, MAR, Intake/Output, Doc Flowsheets, Work List, and Care Plan. The main content area shows the Care Team Communication screen, which includes sections for Patient-Level Advance Directives, Patient-Level Guardianship, Care Team Communication, Patient's Progression/Major Complications During Hospital Stay, and Patient-Level Unique Identifiers. The Care Team Communication section contains a comment about needing an 18G AC IV for Cardiac CTA in 1 hour, with a link restriction due to Dialysis access. The comment was last edited by Brandt, Kristin R, RN on 11/05/13 at 0849. The Patient's Progression/Major Complications During Hospital Stay section is currently empty.

Sinus, Wendy R
Female, 47Y, 05/01/1966
Pref Name: EMILY

MRN: 10143487 FYI: (None) Code/ACP: Status Re... Isolation: None
Pref Oral Lang: Engl... PCP: Adrenal, Alan,... Attending: THOMAS, M... Precautions: None
CNF: None Allergies: Not on File Room: med1 NONE, M... LOS: 80 Days 15 H...

Shift

Patient Summary

Chart Review
Results Review
Notes
Demographics
Medications
Manage Orders
MAR
Intake/Output
Doc Flowsheets
Work List
Care Plan

Patient-Level Advance Directives:
There are no patient-level advance directives.

Patient-Level Guardianship:
There are no patient-level guardianship.

Care Team Communication:
[Comment](#)
Need 18G AC IV for Cardiac CTA in 1 hour. Pt has a limb restriction due to Dialysis access. House supervisor called and HF will come start IV. Please call Kristin RN for assistance upon arrival. Cisco- 54208.
Last edited by **Brandt, Kristin R, RN** on 11/05/13 at 0849

Patient's Progression/Major Complications During Hospital Stay:
[Comment](#)

Patient-Level Unique Identifiers:
There are no patient-level unique identifiers.

Patient-Level POA:
There are no patient-level POA.

Doctor Please:
[Comment](#)

Care Plan Problem:
None

Hospital Problem

Safe Patient Handling (SPH) Reminder: Boost Your Patients Using the Orange 'Z Slider' Sheets!

Safe Patient Handling (SPH) Committee

Did you know:

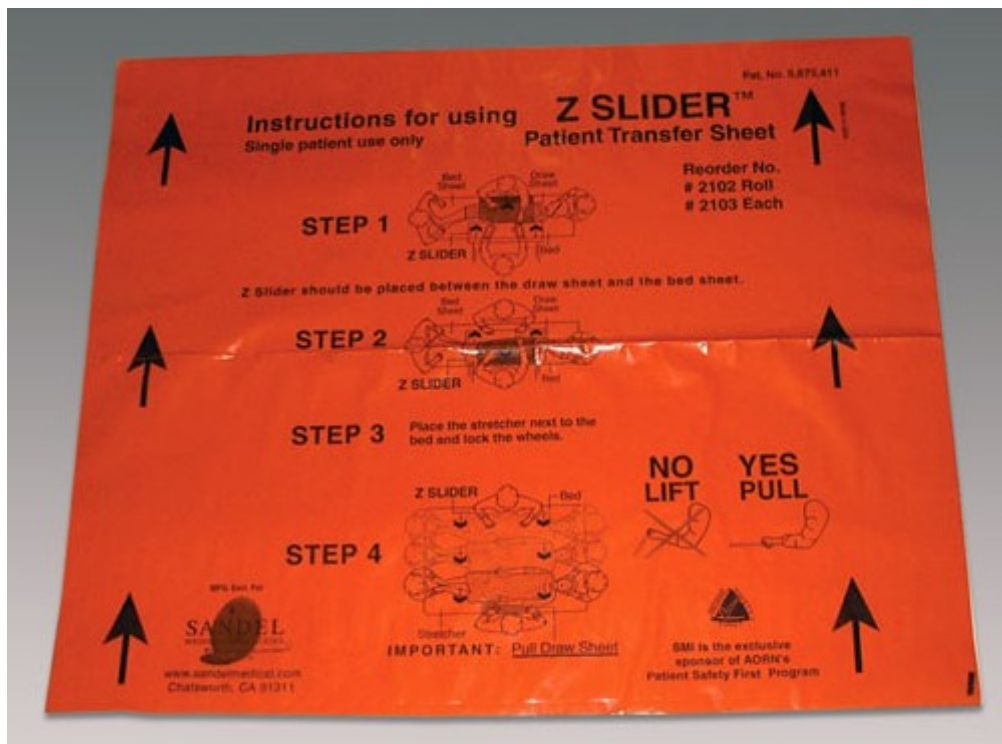
- 12% of nurses leave the profession annually as the result of back injury.¹
- Work related musculoskeletal disorders currently account for ONE THIRD of all occupational injuries and illnesses reported to the Bureau of Labor Statistics each year.²
- There is up to 95% reduction in back injuries by using assistive devices like the Z Slider Sheets.³
- Back injury does not always happen from one single event - it can be from repetitive strain we place on it every day.
- Boosting up in bed is one of the most common causes of employee back injury at St. Cloud Hospital. Our back injury numbers are rising and are a very serious concern related to our staff safety. That extra minute to put a slider sheet under your patient can SAVE YOUR BACK!

Safe Patient Handling Laws and OSHA recommendations require patient care staff to utilize assistive devices if you anticipate lifting or moving more than 35 pounds. This also applies to boosting of patients in a bed. If there are TWO people boosting a patient up in bed, and the patient weighs more than 70 pounds (35 lb for each staff member), you NEED to use an assistive device to boost this patient. You can utilize a ceiling lift, HoverMatt, additional staff members, or a slider sheet. The key is, you must use some type of assistive device.

Tips to Remember When Boosting with the Orange Z Slider:

1. Put the side-rails down, elevate the bed, place bed in slight Trendelenburg position (if individual patient diagnosis permits) and have patient assist by bending knees and pushing as you boost.
2. Place the disposable Orange Z Slider between the bed and the linen that you will be holding for the boost (typically the chux/draw sheet).
3. Make sure slider is positioned correctly under patient when boosting. Arrows on the Orange Z Slider should correlate to the direction you are moving patient-lateral or upward in bed. Work together and count "one, two, three" to assure everyone is ready for the move.
4. Remove slider sheet in between transfers (the Orange Z Slider cannot be left under the patient) and keep it with patient for continued use during their hospital stay.

¹ SSM Online 9-12-2004, The AORN's Information Resources for Perioperative Leaders. ² Department of Labor Occupational Safety and Health Administration; 29 CFR Part 1010(Docket No. S-777)RIN No. 1218-AB36 Ergonomics Program. ³ Premier, Inc., Back Injury Prevention; Preventing Back Injuries in Patient Care.



Schwartz Center Rounds®

A multidisciplinary forum where clinical caregivers discuss social and emotional issues that arise in caring for patients.

Schwartz Center Rounds® sessions are open to ALL employees, affiliated clinicians, trainees and other authorized personnel.

CENTRA CARE

St. Cloud Hospital

November 19, 2013

Hoppe Auditorium

11:30-12:00 p.m. – Lunch*

(Box lunches, coffee/water will be provided)

12:00-1:00 p.m. – Presentation



“Whose Life is it Anyway?: Prolonging the Dying of a Loved One”

Physician Leader: Merryn R. Jolkovsky, MD

Facilitator: Jeff Wallager, BCC

Panelists: Teresa Krueger, RN

Shawn Merritt, SLP, CCC

Mary Pohlmann, RN, CDN

Peter Waldusky, MD

Objectives:

At the conclusion of this presentation, participants should be able to:

1. Demonstrate enhanced communication with patients, family members, and colleagues.
2. Value opportunities to explore and understand multiple perspectives across professions and disciplines.
3. Value opportunities to provide and receive professional support.

CME

“The St. Cloud Hospital is accredited by the Minnesota Medical Association to provide continuing medical education for physicians.”

“The St. Cloud Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.”

“This education offering has been designed to meet the Minnesota Board of Nursing continuing education requirements for 1.2 contact hours. It is the personal responsibility of each participant to determine whether this activity meets the requirements for acceptable continuing education by their licensing organization. To earn contact hours, participant must attend the entire session and complete an evaluation form.”

“St. Cloud Hospital has been approved as a provider by the State of Minnesota Board of Social Work – CE Provider Approval Number CEP-77. Participants will earn 1.0 contact hour(s).”

Please contact Deb Weber at 251-2700 x 54197 if you have special mobility, dietary, vision, hearing, or other needs.